

All Ages Intra Squad Meet
A SHORT COURSE YARDS TIMED FINALS MEET
Hosted By
Aggie Swim Club
Sunday, February 8, 2026
Sanction No. GU-SC-26-###



LOCATION: **Texas A&M University**
Student Recreation Center Natatorium
187 Corrington Drive
College Station, TX 77843

PARKING: Parking is free on the surface lots of the TAMU campus on Sunday (except where noted).

COACH: Shannon Clark

POOL: 25 yard, 8 lane indoor competitive pool with non-turbulent lane lines. A second 25 yard 8 lane pool and 8 lane 25 meter dive well will be available during the meet for warm-ups/warm-down.

TIME & DATE: Sunday, February 8, 2026: warm-up at 1:00 p.m., meet starts at 1:45 p.m.

FORMAT: This is a timed-finals meet.

FLYOVER STARTS: This meet will be run using the "Flyover Start" procedures. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the "Flyover Start" procedures.

MEET STAFF:

Referee:	Mike Swaim mike.t.swaim@gmail.com
Meet Director:	Henry Clark clark@comp.tamu.edu
Admin Official:	Jason Buenemann
Safety Marshal:	Denyce Quave

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures.

SEEDING: This will be a pre-seeded meet. All events will be seeded with heats in the order of slowest to fastest.

CHECK-IN: All swimmers must check in each day with the Clerk of Course for all of the day's events.

ON-DECK ENTRIES: Late entries will be accepted each day up to 30 minutes before the start of the meet. Those swimmers missing the 6:00 p.m. Friday, February 6, 2026 entry deadline may enter the meet on deck in the following manner:

1. There is no entry fee for this meet.
2. Swimmers must enter all events for the day thirty (30) minutes prior to the start of the day's first event.
3. Swimmers must be qualified to swim the event entered.
4. Swimmers must not exceed the allotted number of events allowed each day.
5. On-deck entries will be added to empty lanes or a heat will be added if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

Cut-off Times: None

Qualifying Times: None

Age: As of February 8, 2026

Number of events: Swimmers may compete in four (4) individual events per day.

Deadline: Entries must be confirmed with the Entry Chair no later than 6:00 p.m., Friday, February 6, 2026.

Entry Chair: Shannon Clark, email: aggieswimclub@gmail.com

Eligible Teams: AGS swimmers that are in good standing with the Aggie Swim Club management.

Fees: None

AWARDS: None

SCORING: Individual events: 9-7-6-5-4-3-2-1

- 10 & Under events will be scored 6 & Under, 7, 8, 9 and 10
- 9 & Over events will be scored 9, 10, 11, 12, 13, 14 and 15 & Over
- Open events will be scored 6 & Under, 7, 8, 9, 10, 11, 12, 13, 14 and 15 & Over

RULES & SANCTIONS: The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted.

POOL MEASUREMENT: The competition course is compliant, but not certified, in accordance with USA Swimming Rule104.2.2(C). The pool will be measured before the competition begins to ensure the course length is correct. 202.3.6 The water depth of the competition course is 7 feet measured from 1 meter to 5 meters on the starting end of the course, and 9 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: The Daktronics Omni Sport 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. AGS parents or swimmers in the meet will be responsible for timing. 500 free swimmers need to provide their own lap counters.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Psych/Heat Sheets and for admission to the Hospitality Room.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However,

Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

MEDICAL SUPERVISION: During the meet an EMT and Lifeguard will be present to provide any necessary medical supervision and treatment for athletes participating in the meet. An AED is available onsite.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

DECK CHANGES: Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

MAAPP POLICY: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

DRONES:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

USA / GULF SWIMMING DISCLAIMER:

- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., Gulf Swimming, and Aggie Swim Club cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, AGGIE SWIM CLUB, AND (GULF SWIMMING) EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSESS, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORSEEN, IN CONNECTION THEREWITH.
- Aggie Swim Club (AGS-GU) has taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while at the facility. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this event at the Aggie Swim Club hosted swim meet, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 PROCEDURES:

- This meet will be conducted in compliance with local, state, and USA Swimming COVID 19 restrictions.

MEET RESULTS:

Meet results will be posted Meet Mobile and on the Aggie Swim Club website www.aggieswimclub.org three days after the final day of the meet. Unofficial real time results will be available on MEET MOBILE, keywords "College Station".

TEXAS A&M UNIVERSITY STUDENT RECREATION CENTER NATATORIUM RULES:

- Participants and spectators are not allowed to use other areas of the Student Recreation Center Complex during this event.
- Swimming is allowed only when the area is supervised.
- NO glass containers, tobacco, or alcoholic beverages are allowed within the natatorium.
- Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck. All spectators and parents must remain in the grandstand.
- Participants are not allowed to climb over the grandstand railings or pass any posted barriers.
- There will be **NO SHAVING** within the Student Recreational Complex. Therefore, we request that swimmers be informed of this policy. All shaving should be completed prior to arrival at the natatorium. Safety marshals will be monitoring the locker rooms/restrooms to enforce this policy.
- Do not hang on lane lines.
- Safety rules will be enforced during warm-ups before each event session and in the diving well during the meet. The diving well is a warm-up area. Recreational swimming is prohibited.
- Diving Boards will be closed and off-limits to all competitors and spectators.
- Please be neat. Throw your trash in the trash containers.
- **NO LAWN CHAIRS** are allowed in the facility.
- The Texas A&M Recreational Sports staff has final authority on all safety matters and reserves the right to remove anyone for behavior that is deemed unsafe or inappropriate.
- Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergencies is prohibited. Team Banners must not exceed 5'X 8' and will be hung by event staff. No handmade signs are allowed in the facility.

**All Ages Intra Squad Meet
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Sunday, February 8, 2026**

Entry Rules:	
Type of meet	Timed Finals
Max # individual events per day	Four(4)
Swimmers eligible	AGS swimmers that are in good standing with the Aggie Swim Club management.
Entry times in	SCY, SCM, LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Fees	\$0.00 – no entry fees

ORDER OF EVENTS

Girls Event #	Age	Event	Boys Event #
1	9 & Over	200 Free	2
3	10 & Under	25 Back	4
5	Open	100 Fly	6
7	9 & Over	200 Breast	8
9	Open	100 Free	10
11	10 & Under	25 Fly	12
13	Open	100 Breast	14
15	9 & Over	200 Back	16
17	Open	100 I.M.	18
19	Open	50 Free	20
21	10 & Under	25 Breast	22
23	Open	50 Fly	24
25	Open	100 Back	26
27	10 & Under	25 Free	28
29	9 & Over	200 Fly	30
31	Open	50 Breast	32
33	Open	200 IM	34
35	Open	50 Back	36
37	9 & Over	500 Free	38
39	9 & Over	400 I.M.	40

- 10 & Under events will be scored 6 & Under, 7, 8, 9 and 10
- 9 & Over events will be scored 9, 10, 11, 12, 13, 14 and 15 & Over
- Open events will be scored 6 & Under, 7, 8, 9, 10, 11, 12, 13, 14 and 15 & Over

SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.