

FRIDAY AM SESSION – MARCH 7, 2025

1ST WARM UP.....8:25 – 8:50 AM :

Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
25 Meter Dive Well	AGS	AGS	AGS	AGS	OPEN	OPEN	OPEN	OPEN
***** Lane 8 in the Dive Well is Closest to the Dive Boards *****								
Dive Well End Pool	AQUA OSAS	BATS	BATS	AGS	AGS	AGS	AGS	AGS
Lobby End Pool	TST	TST	TST	TST	TST	TST	TST	TST

2ND WARM UP.....8:50 – 9:15 AM :

Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
25 Meter Dive Well	SHRK	SHRK	SSAN	SSAN	OPEN	OPEN	OPEN	OPEN
***** Lane 8 in the Dive Well is Closest to the Dive Boards *****								
Dive Well End Pool	SHRK	SHRK	SHRK	SHRK	SHRK	SSAN	SSAN	SSAN
Lobby End Pool	YETI	AMBU	MARC	MARC	CATS	CATS	HEAT	HEAT

DIVE WELL END & FINALS POOL – TIMING ASSIGNMENTS :

Chair	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	TST	TST	SHRK	SHRK	SSAN	MARC	BATS	AGS
2	TST	TST	SHRK	SHRK	SSAN	HEAT	AMBU	AGS

***** Teams at the Dive Well End Pool will time at both Prelims and Finals**

LOBBY END POOL – TIMING ASSIGNMENTS :

Chair	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	TST	TST	SHRK	SSAN	SSAN	MARC	BATS	AGS
2	TST	AQUA	SHRK	CATS	SSAN	YETI	BATS	AGS

Note: 500 Free swimmers will provide their own Timers and Lap Counter

SATURDAY AM SESSION – MARCH 8, 2025

1ST WARM UP.....8:25 – 8:50 AM :

Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
25 Meter Dive Well	SHRK	SHRK	SSAN	SSAN	OPEN	OPEN	OPEN	OPEN
***** Lane 8 in the Dive Well is Closest to the Dive Boards *****								
Dive Well End Pool	SHRK	SHRK	SHRK	SHRK	SHRK	SSAN	SSAN	SSAN
Lobby End Pool	AMBU YETI	AMBU	MARC	MARC	CATS	CATS	HEAT	HEAT

2ND WARM UP.....8:50 – 9:15 AM :

Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
25 Meter Dive Well	AQUA	BATS	AGS	AGS	AGS	AGS	OPEN	OPEN
***** Lane 8 in the Dive Well is Closest to the Dive Boards *****								
Dive Well End Pool	AQUA	BATS	BATS	AGS	AGS	AGS	AGS	AGS
Lobby End Pool	TST	TST	TST	TST	TST	TST	TST	TST

DIVE WELL END & FINALS POOL – TIMING ASSIGNMENTS :

Chair	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	TST	TST	SHRK	SHRK	SSAN	MARC	BATS	AGS
2	TST	TST	SHRK	SHRK	SSAN	HEAT	AMBU	AGS

***** Teams at the Dive Well End Pool will time at both Prelims and Finals**

LOBBY END POOL – TIMING ASSIGNMENTS :

Chair	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	TST	TST	SHRK	SSAN	SSAN	MARC	BATS	AGS
2	TST	AQUA	SHRK	CATS	SSAN	HEAT	AMBU	AGS

Note: 400 IM swimmers will provide their own Timers

SUNDAY AM SESSION – MARCH 9, 2025

1ST WARM UP.....8:25 – 8:50 AM :

Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
25 Meter Dive Well	BATS	AGS	AGS	AGS	AGS	OPEN	OPEN	OPEN
***** Lane 8 in the Dive Well is Closest to the Dive Boards *****								
Dive Well End Pool	AQUA OSAS	BATS	BATS	AGS	AGS	AGS	AGS	AGS UN-01
Lobby End Pool	TST	TST	TST	TST	TST	TST	TST	TST

2ND WARM UP.....8:50 – 9:15 AM :

Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
25 Meter Dive Well	SHRK	SHRK	SSAN	SSAN	OPEN	OPEN	OPEN	OPEN
***** Lane 8 in the Dive Well is Closest to the Dive Boards *****								
Dive Well End Pool	SHRK	SHRK	SHRK	SHRK	SSAN	SSAN	SSAN	SSAN
Lobby End Pool	AMBU YETI	AMBU	MARC	MARC	CATS	CATS	HEAT	HEAT

DIVE WELL END & FINALS POOL – TIMING ASSIGNMENTS :

Chair	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	TST	TST	SHRK	SHRK	SSAN	MARC	BATS	AGS
2	TST	TST	SHRK	SHRK	SSAN	HEAT	AMBU	AGS

*** Teams at the Dive Well End Pool will time at both Prelims and Finals

LOBBY END POOL – TIMING ASSIGNMENTS :

Chair	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	TST	TST	SHRK	SSAN	SSAN	MARC	BATS	AGS
2	TST	AQUA	SHRK	SSAN	SSAN	MARC	CATS	AGS

Note: 500 Free and 1650 Free swimmers will provide their own Timers and Lap Counter