

SSAN 2025 Winter Invite

Warmup Assignments

Friday - Sunday | Jan. 3-5, 2025

Session 1 <i>(All Ages)</i>			Time: 5:00pm to 5:50pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	SSAN	SSAN	AGS	AGS	TASC

Session 2 & 4 - <i>PRELIMS</i>			Time: 7:00am to 7:30am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN

Session 2 & 4 - <i>PRELIMS</i>			Time: 7:30am to 8:00am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TASC	TASC	TASC	TASC	TASC	TASC	TASC	TASC

Session 2 & 4 - <i>PRELIMS</i>			Time: 8:00am to 8:30am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	AGS	AGS	SWIM	SWIM	USA	SSAN	SSAN

Session 3 & 6 - <i>FINALS</i>			Time: 4:30pm to 4:50pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SWIM

Session 3 & 6 - <i>FINALS</i>			Time: 4:50pm to 5:20pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TASC	TASC	TASC	TASC	TASC	USA	AGS	AGS

Timing Assignments

Friday - Sunday | Jan. 3-5, 2025

Timer Chairs			Session 1 & 5 Friday, Sunday-Afternoon				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Swimmers must provide their own timers and lane counters							

Timer Chairs (2x per lane)			Sessions 2 & 4 PRELIMES				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	TASC	TASC	TASC	AGS	SWIM
SSAN	SSAN	SSAN	TASC	TASC	TASC	AGS	SWIM

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