



**2026 Fleet Mardi Gras Extravaganza
Short Course Yards – Prelims/Finals and Timed Finals**

Hosted by

Cypress Fairbanks Swim Club

February 13-15, 2026

Sanction No: GU-SC-26-067 (R1)

ENTRIES DUE to the HOST

(fleetmeetdirector75@gmail.com)

BY

Friday, February 6, 2026 AT 6:00 PM

Location: CFISD Natatorium – CFISD Athletic Complex
12550 Windfern Rd.
Houston, TX 77064

Meet Referee: Rob Morris, robert.c.morris@gmail.com
Administrative Official: Brian Tao and Sylvia Baker

Meet Director: Candice Lemons, fleetmeetdirector75@gmail.com
Lindsie Micko

Meet Marshal: Meggan Connell

Coaches: Colin Kennedy

Pool: Two eight lane, 25-yard indoor pools with non-turbulent lane lines will be used for warm-up and competition. Warm-up / cool-down lanes will be made available during the competition. Entry and exit for the warm-up/ cool down lanes from one end only, no congregating or standing in the lanes.

Date & Time: This is a 7 session, 3 day, Prelims/Finals meet except for Friday's events, 400IM, 500 Free and the 1000, and 1650 Free being swum on Saturday and Sunday which are Timed Finals events. 11-12's and 13-14's will swim A/B heats in finals and 10&Unders and 15 & Over will swim A heat Finals only.

Friday Session: Open Warm-Ups start at 5:00PM, session starts at 6:00PM
Saturday/Sunday Morning Session: 8:00 AM Warm-up, session starts at 9:00 AM

Saturday/Sunday: Distance Session: 3:00pm warm up, session starts at 3:30pm

Saturday/Sunday Finals Session: Warmups will begin approximately 3 hours after the morning session.

Meet Type: This meet will be run utilizing the "Flyover Starts" procedures unless the meet referee decides otherwise. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Meet will be pre-seeded fastest to slowest. Fleet reserves the right to limit entries, to combine events by age and/or gender, or to adjust events and/or sessions to run the meet more efficiently and to maintain reasonable timelines. Any of these changes will be communicated to attendees either in the warm-up/timeline report

posted on the Gulf and FLEET websites or on site via announcement of the changes. Meet host reserves the right to slow down the speed of the meet to give rest to swimmers.

Warm Up Procedure: & Safety Guidelines See attached Safety Guidelines and Warm-up Procedures.

Special Instructions: Indoor seating will be limited, so plan on setting up outside. No chairs will be allowed in the natatorium except for coaches. Adjustments for breaks during the meet, may be added to provide appropriate spacing between sessions and the best racing situation possible.

Absolutely NO WET SWIMMERS ALLOWED IN THE COMMON AREAS INCLUDING THE SPECTATOR STANDS.

SEEDING: The meet will be a **pre-seeded** meet for events 200 yards or shorter. All events except for the 1000 Free and the 1650 Free will be seeded with heats in the order of fastest to slowest. 1000 and 1650 will be seeded slowest to fastest with the fastest 8 swimmers swimming in finals. As a courtesy to the host, coaches should inform the Clerk of Course of swimmers not attending the meet. Empty lanes will be filled with on-deck entries if possible.

POSITIVE CHECK-IN FOR THE 400 IM, 500, 1000 and 1650 FREE: All swimmers must circle in on sheets that will be available at the start of warm-up for the session, and due 45 minutes before the start of the session in which the event is scheduled to swim. After the events are officially closed, no one may check-in or scratch. Swimmers provide their own lap counters and timers when applicable.

FINALS AND SCRATCHING: Scratches for all final events are required as outlined in the current USA Swimming, Inc. rules 207.11 6D and 207.11.6E as modified below.

In a prelims/finals meet, the finalists and alternates for finals shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals or consolation finals if he/she has successfully completed the event in prelims) may be moved into finals due to scratches. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set.

The USA Swimming National Championship Meets “reserve the right to scratch” rule is not applicable. The “intent to scratch” rule is not applicable.

FOUR HOUR RULE: This meet will operate under the USA Swimming Four Hour Rule. The meet host may limit entries or may limit or eliminate deck entries as needed to conclude each session of the meet within four hours. In addition, Cypress Fairbanks Swim Club may limit entries or eliminate deck entries to accommodate facility availability.

ON-DECK ENTRIES Fleet reserves the right to limit on-deck entries to accommodate a reasonable meet timeline, the Four Hour Rule, or facility constraints. Under these conditions, late entries may be accepted each day up to **45 minutes** before the start of the session's first event. Those swimmers missing the 6:00 p.m. **Friday, February 6, 2026** deadline may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee (\$12.00 per event, double is \$24, relays \$22 per event, double is \$44) at the time of entry. Relays Swimmers not already entered in the meet must also pay the swimmer surcharge fee (\$25.00).
2. Swimmers must supply completed entry forms.
3. **The swimmers will be seeded into open lanes only. Heats will not be added.**
4. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
5. Swimmers must be qualified to swim the event entered.
6. Swimmers must not exceed the allotted number of events allowed each day.
7. Swimmers must be a member of a team that is already in the meet. Swimmers that do not have a team and coach in the meet will not be allowed too on deck.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter times to yard times. Times must be from USA Swimming meets.

Cut-off Times: None.

Qualifying Time: Athletes must have at least a “B” time in all events they are swimming. Except for the 500 Free which swimmers must have a “A” or better time and the 1000 and 1650 swimmers must have a 13-14 “A” or better time regardless of age to qualify to swim these events. See USA Swimming 2024-2028 Time Standards.

Age: As of February 13, 2026

Number of Events: Swimmers may compete in up to three (3) individual events per day, seven (7) total individual events for the meet.

Deadline: **Entries must be submitted no later than 6:00 pm Friday, February 6, 2026.** No late entries will be accepted.

E-mail entries to
fleetmeetdirector75@gmail.com

ENTRIES: All teams **MUST** submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software. Entries must be received no later than 6:00 pm on **Friday, February 6, 2026**. No late entries will be accepted.

ELIGIBLE TEAMS: All swimmers who are registered with USAS and in good standing with the team may compete in this meet. Entries will be accepted on a first-come first-served basis. The meet host reserves the right to stop accepting entries when sessions approach the 4-hour limit.

Meet Limits: **Entries will be accepted in the order they are received by the host. The meet host reserves the right to stop accepting entries when sessions approach the 4-hour limit, to be in accordance with the 4-hour rule. Once your entries are accepted, you will receive a confirmation email confirming your entries have been accepted. Meet Operations reserves the right to make additional session and/or run two (2) pools in order to meet the 4-hour rule. The 1000 & 1650 entries are limited to 32 swimmers. With three heats maximum swimming in prelims and the 1 heat of the fastest swimmers in finals.**

FEES: Twelve dollar (\$12.00) per Individual Event, and twenty-two dollars (\$22.00) per relay, plus a twenty-five dollars (\$25.00) per Swimmer Surcharge fee. Make checks payable to CFSC. Mail entry fees **(POSTMARKED BY Friday, February 6, 2026)** payable to CFSC to the address below:

Cypress Fairbanks Swim Club, Inc.
11659 Jones Rd. PMB # 351
Houston, TX 77070

AWARDS: Awards will go to the 1st, 2nd and 3rd place winner of each Final.

SCORING: None

RULES AND SANCTIONS: The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted. The three (3) event rule and up/down rule do not apply. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising because of injuries to anyone during the event.

POOL MEASUREMENT: The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct. The water depth of the competition course is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 5 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the WU/Timeline document posted on the Gulf website prior to meet start. Swimmers in the, 500, 100, & 1650 Free and 400 I.M. must provide two (2) timers and a lap counter where applicable.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all people except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety. Coaches and Officials must present their membership cards to receive complimentary Heat Sheets and for admission to the Hospitality Room.

DECK CHANGING PROHIBITION: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available.

HOSPITALITY: A hospitality room will be available for Coaches and Officials.

OFFICIALS: USA Swimming Qualified Officials and Apprentices are welcome to come and help officiate the meet. Official attire for the prelims sessions will be white polo shirts over Khaki slacks/skirts/shorts and white shoes. Official attire for finals sessions will be navy polo shirts over Khaki slacks/ skirts/ shorts. There will be an officials' briefing one (1) hour before the start of each session.

MERCHANDISE: No

MEDICAL SUPERVISION: First Aid will be available for minor injuries. During the meet a Lifeguard may be present to provide any necessary medical supervision and treatment for athletes participating in the meet. An AED is available onsite.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve remote strobe.

MAAPP: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP"), will govern this meet.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org) and www.fleetswimming.com, within three days after the conclusion of the meet. Meet Mobile will be utilized by searching for **2026 Fleet Mardi Gras Extravaganza**.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, Coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Entry Rules

Type of Meet	Timed Finals Friday Prelim/Finals Saturday and Sunday Prelim/Finals A,B for 11-12 & 13-14 (16 Finalists) Prelim/Finals A Only for 15 & Over (8 Finalists) Prelim/Finals A only for 10 & Under (8 Finalists) Three (3) per day, Max events: seven (7)
Max # Individual Events	
Swimmers Eligible	Members (or in the process of joining) in good standing with USA Swimming
Entry Times in	SCY/SCM/LCM
Qualifying Times	Athlete must have a "B" Time or better in all events they swim. Except for the 500 Free athletes must have a "A" or better time, and the 1000 & 1650 athletes must have a 13-14 "A" or better time regardless of age.
Enter with No Time?	No
Fees for Entry	Individual - \$12.00 Relay - \$22.00
Swimmer Surcharge	\$25.00 / swimmer (includes free Heat Sheets on Meet Mobile)

- Friday Timed Finals.
- 400 IM swimmers must provide their own timers.
- 500, 1000 & 1650 swimmers must provide their own timers and lap counters.

Friday PM February 13, 2026

Session 1

Timed Final - 5:00 pm Warmup - 6:00pm Start

Girl Event #	Event	Boy Event #
1	11&O 500 Free	2
3	10&U 500 Free	4
5	11 &O 400 IM	6

Saturday February 14,

2026

Session 2

Prelim Session

8:00am warm up 9:00am

start

Saturday February 14,

2026

Session 4

Finals Session

4:30pm warm up 5:30pm start

Girl Event

#	Event
7	10&U 200 Medley Relay
9	11-12 200 Medley Relay
11	13-14 200 Medley Relay
13	11-12 100 IM
15	10 & U 100 IM
17	11-12 200 Fly
19	13&O 200 Fly
21	10 & U 100 Fly
23	13&O 50 Free
25	11-12 50 Free
27	10 & U 50 Free
29	13&O 100 Breast
31	11-12 100 Breast
33	10 & U 50 Breast
35	11-12 50 Fly
37	13& O 100 Back
39	11-12 100 Back
41	10 & U 50 Back
43	13&O 200 Free
45	11-12 200 Free
47	10&U 200 Free

Girl Event

#	Event	Boy Event #
51	Open 1000 Free	52
13	11-12 100 IM	14
15	10 & U 100 IM	16
17	11-12 200 Fly	18
19	13&Over 200 Fly	20
21	10 & U 100 Fly	22
23	13-14 50 Free	24
25	15&Over 50 Free	24
27	11-12 50 Free	26
29	10 & U 50 Free	28
31	13-14 100 Breast	30
33	15&O 100 Breast	30
35	11-12 100 Breast	32
37	10 & U 50 Breast	34
39	11-12 50 Fly	36
41	13-14 100 Back	38
43	15&O 100 Back	38
45	11-12 100 Back	40
47	10 & U 50 Back	42
	13-14 200 Free	44
	15&O 200 Free	44
45	11-12 200 Free	46
47	10 & U 200 Free	48

Saturday, February 14, 2026

Session 3

Girl Event #

Open Warm Up 3:00 - Session Starts at 3:30

Boy Event #

49	Open 1000 Free *	50
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*** Heats will run slow too fast with the fastest 8 athletes swimming in finals**

Sunday February 15, 2026

Session 5

Prelim Session

8:00am warm up 9:00am

start

Sunday February 15,

2026

Session 7

Finals Session

4:30pm warm up 5:30pm start

Girl Event		Boy Event	Girl Event		Event	Boy Event #
#	Event	#	#			
51	11-12 200 Free Relay	52	91	Open 1650 Free		92
53	13-14 400 Free Relay	54	57	13-14 100 Free		58
55	10 & U 200 Free Relay	56	57	15&O 100 Free		58
57	13&O 100 Free	58	59	11-12 100 Free		60
59	11-12 100 Free	60	61	10 & U 100 Free		62
61	10 & U 100 Free	62	63	11-12 50 Back		64
63	11-12 50 Back	64	65	13-14 200 Breast		66
65	13&O 200 Breast	66	65	15&O 200 Breast		66
67	11-12 200 Breast	68	67	11-12 200 Breast		68
69	10&U 100 Breast	70	69	10&U 100 Breast		70
71	13&O 100 Fly	72	71	13-14 100 Fly		72
73	11-12 100 Fly	74	71	15&O 100 Fly		72
75	10 & U 50 Fly	76	73	11-12 100 Fly		74
77	11-12 50 Breast	78	75	10 & U 50 Fly		76
79	13&O 200 IM	80	77	11-12 50 Breast		78
81	11-12 200 IM	82	79	13-14 200 IM		80
83	10 &U 200 IM	84	79	15&O 200 IM		80
85	13&O 200 Back	86	81	11-12 200 IM		82
87	11-12 200 Back	88	83	10 &U 200 IM		84
89	10 & Under 100 Back	90	85	13-14 200 Back		86
			85	15&O 200 Back		86
			87	11-12 200 Back		88
			89	10 & Under 100 Back		90

Sunday, February 14, 2026
Open Warm Up 3:00 - Session Starts at 3:30

Girl Event #	Session 6	Boy Event #
91	Open 1650 Free	92

*** Heats will run slow too fast with the fastest 8 athletes swimming in finals**

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

SAFETY GUIDELINES AND WARM-UP PROCEDURES

APPENDIX G

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Back strokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a back stoker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.

USA/GULF SWIMMING/CFSC DISCLAIMER:

- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., Gulf Swimming, and CFSC cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, CFSC, AND (GULF SWIMMING) EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSLESS, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORSEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.
- Cypress Fairbanks Swim Club (CFSC) has taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while on our property. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this event CFSC event, you voluntarily assume all risks related to exposure to COVID-19.