MAC Hosted Gulf 12 & Under Champs – February 21-23, 2025

TEAM WARM UP ASSIGNMENTS

Friday, February 21, 2025 – 12 & Under Boys & Girls - Evening Session starts at 6:30pm

TIME		MAIN COMPETITION POOL								WARM UP/COOL DOWN POOL				
	Lane 1	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8						Lane 9	Lane 10	Lane 11	Lane 12	Lane 13		
5:00 - 5:25	CATS	USA/LIFE	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	OPEN	OPEN	
5:25 - 5:50	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	
5:50 - 6:15	AGS	AGS	AGS	PLAT	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST	

Saturday, February 22, 2025 – 12 & Under Boys - Morning Session starts at 9:00am

TIME		MAIN COMPETITION POOL									WARM UP/COOL DOWN POOL				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13		
7:45 - 8:05	CATS	LIFE	LIFE	PLAT	USA	MAC	MAC	MAC	MAC	MAC	MAC	OPEN	OPEN		
8:05 - 8:25	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC		
8:25 - 8:45	AGS	AGS	AGS	TWST	TWST	TWST	TWST								

Saturday, February 22, 2025 – 12 & Under Girls - Afternoon Session starts at 1:30pm

Warm-up times below are an estimate based on the timeline for the morning session. Meet will not start before 1:30pm

TIME		MAIN COMPETITION POOL								WARM UP/COOL DOWN POOL				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	
12:15 - 12:35	MAC	MAC	MAC	PLAT	PLAT	USA	AGS	AGS	AGS	MAC	MAC	MAC	OPEN	
12:35 - 12:55	LIFE	LIFE	TWST	TWST	TWST	TWST								
12:55 - 1:15	CATS	CATS	CFSC	CFSC	CFSC	CFSC								

MAC Hosted Gulf 12 & Under Champs – February 21-23, 2025

TEAM WARM UP ASSIGNMENTS

Sunday, February 23, 2025 – 12 & Under Boys - Morning Session starts at 9:00am

TIME		MAIN COMPETITION POOL									WARM UP/COOL DOWN POOL				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13		
7:45 - 8:05	AGS	AGS	AGS	CATS	USA	MAC	MAC	MAC	MAC	MAC	MAC	OPEN	OPEN		
8:05 - 8:25	PLAT	LIFE	LIFE	TWST	TWST	TWST	TWST								
8:25 - 8:45	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC		

Sunday, February 23, 2025 – 12 & Under Girls - Afternoon Session starts at 1:30pm

Warm-up times below are an estimate based on the timeline for the morning. Meet will not start before 1:30pm

TIME		MAIN COMPETITION POOL									WARM UP/COOL DOWN POOL				
	Lane 1	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6 Lane 7 Lane 8 La							Lane 9	Lane 10	Lane 11	Lane 12	Lane 13		
12:15 - 12:35	MAC	MAC	MAC	MAC	LIFE	LIFE	AGS	AGS	AGS	MAC	MAC	MAC	OPEN		
12:35 - 12:55	CATS	CATS	CFSC	CFSC	CFSC	CFSC	CFSC								
12:55 - 1:15	PLAT	PLAT/USA	TWST	TWST	TWST	TWST	TWST								

MAC Hosted Gulf 12 & Under Champs – February 21-23, 2025 <u>TEAM TIMING ASSIGNMENTS</u>

Friday Night, February 21, 2025 – Evening Session Timer Chairs – Session starts at 6:30pm

ALL swimmers <u>MUST</u> provide their own timers and lap counter for the 500 Free
(Assigned timers on Friday night below are for 200 IM – Events #1 & #2)

	MAIN COMPETITION POOL											
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8					
AGS	CFSC	CFSC	CFSC	MAC	MAC	TWST	TWST					
CFSC	CFSC	CFSC	CFSC	MAC	MAC	TWST	TWST					

Saturday February 22, 2025 – Morning Session Timer Chairs – Session starts at 9:00am

	MAIN COMPETITION POOL											
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8					
AGS	CFSC	CFSC	CFSC	LIFE	MAC	TWST	TWST					
CFSC	CFSC	CFSC	CFSC	MAC	MAC	TWST	TWST					

Saturday February 22, 2025 – Afternoon Session Timer Chairs – Session starts at 1:30pm

^{*}Session start time is estimate based on the timeline for the morning. Meet will not start before 1:30pm*

	MAIN COMPETITION POOL											
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8					
AGS	CFSC	CFSC	CFSC	MAC	MAC	TWST	TWST					
CATS	CFSC	CFSC	LIFE	MAC	TWST	TWST	TWST					

Sunday, February 23, 2025 – Morning Session Timer Chairs – Session starts at 9:00am

	MAIN COMPETITION POOL											
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8					
AGS	CFSC	CFSC	CFSC	MAC	MAC	TWST	TWST					
CFSC	CFSC	CFSC	CFSC	MAC	TWST	TWST	TWST					

Sunday, February 23, 2025 – Afternoon Session Timer Chairs – Session starts at 1:30pm

^{*}Session start time is estimate based on the timeline for the morning. Meet will not start before 1:30pm*

	MAIN COMPETITION POOL											
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8					
AGS	CFSC	CFSC	CFSC	MAC	MAC	TWST	TWST					
CATS	CFSC	CFSC	LIFE	MAC	TWST	TWST	TWST					