

MAC Neon New Year Open Meet – January 10-12, 2025

TEAM WARM UP ASSIGNMENTS

Friday, January 10, 2025 – 11 & Over Swimmers – 1650 Free - Evening Session starts at 6:30pm

Open Warm-Up for ALL Swimmers: 5:00-6:15pm

Saturday, January 11, 2025 – 13 & Over Swimmers - Morning Session starts at 9:00am

TIME	MAIN COMPETITION POOL								WARM UP/COOL DOWN POOL				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
7:30-7:55	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	OPEN
7:55-8:20	HYDR	HYDR	HYDR	MARC	MARC	AGS	AGS	AGS	AGS	AGS	AGS	AGS	OPEN
8:20-8:45	NEHA	NEHA	SST	SST	BATS	BATS	BATS	BATS	BATS	BATS	BATS	OPEN	OPEN

Saturday, January 11, 2025 – 12 & Under Swimmers - Afternoon Session starts at 1:00pm

Warm-up times below are an estimate based on the timeline for the morning session. Meet will not start before 1:00pm

TIME	MAIN COMPETITION POOL								WARM UP/COOL DOWN POOL				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
11:45-12:05	BATS	BATS	BATS	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC
12:05-12:25	SST	SST	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR
12:25-12:45	NEHA	NEHA	MARC	MARC	MARC	AGS	AGS	AGS	AGS	AGS	NEHA	NEHA	OPEN

Sunday, January 12, 2025 – 13 & Over Swimmers - Morning Session starts at 9:00am

TIME	MAIN COMPETITION POOL								WARM UP/COOL DOWN POOL				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
7:30-7:55	SST	SST	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC
7:55-8:20	NEHA	NEHA	MARC	MARC	MARC	BATS	BATS	BATS	BATS	BATS	BATS	OPEN	OPEN
8:20-8:45	HYDR	HYDR	HYDR	HYDR	AGS	AGS	AGS	AGS	AGS	AGS	AGS	OPEN	OPEN

Sunday, January 12, 2025 – 12 & Under Swimmers - Afternoon Session starts at 1:30pm

Warm-up times below are an estimate based on the timeline for the morning. Meet will not start before 1:30pm

TIME	MAIN COMPETITION POOL								WARM UP/COOL DOWN POOL				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
12:15-12:35	NEHA	NEHA	NEHA	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC
12:35-12:55	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	OPEN
12:55-1:15	MARC	MARC	SST	SST	BATS	BATS	AGS	AGS	AGS	AGS	AGS	MARC	MARC

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TEAM TIMING ASSIGNMENTS

Session #1: Friday Night, January 10, 2025 – 1650 Free – Swimmers provide their own timers and lap counter

Session #2: Saturday, January 11, 2025– Morning Session Timer Chairs – Session starts at 9:00am

MAIN COMPETITION POOL							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	AGS	BATS	HYDR	MAC	MAC	MAC	SST
AGS	BATS	BATS	HYDR	MAC	MAC	NEHA	MARC

ALL swimmers MUST provide their own timers for the 400 IM

Session #3: Saturday, January 11, 2025– Afternoon Session Timer Chairs – Session starts at 1:00pm

Session start time is estimate based on the timeline for the morning. Meet will not start before 1:00pm

MAIN COMPETITION POOL							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	BATS	HYDR	HYDR	MAC	MAC	NEHA	SST
AGS	HYDR	HYDR	HYDR	MAC	MAC	NEHA	MARC

Session #4: Sunday, January 12, 2025– Morning Session Timer Chairs – Session starts at 9:00am

MAIN COMPETITION POOL							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	AGS	BATS	BATS	MAC	MAC	MAC	HYDR
AGS	AGS	BATS	MARC	MAC	MAC	NEHA	HYDR

Session #5: Sunday, January 12, 2025– Afternoon Session Timer Chairs – Session starts at 1:30pm

Session start time is estimate based on the timeline for the morning. Meet will not start before 1:30pm

MAIN COMPETITION POOL							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	BATS	HYDR	HYDR	MAC	MAC	SST	MARC
AGS	HYDR	HYDR	HYDR	MAC	MAC	NEHA	MARC