

MAC October Trick or Treat Kick Your Feet Meet – October 10-12, 2025

TEAM WARM UP ASSIGNMENTS

Friday, October 10, 2025 – 9 & Over Swimmers - Evening Session starts at 6:30pm

Open Warm-Up for ALL Swimmers: 5:00-6:15pm

Saturday, October 11, 2025 – 13 & Over Swimmers - Morning Session starts at 9:00am

[illegible]

Saturday, October 11, 2025 – 12 & Under Swimmers - Afternoon Session starts at 1:15pm

Warm-up times below are an estimate based on the timeline for the morning session. Meet will not start before 1:15pm

TIME	MAIN COMPETITION POOL								WARM UP/COOL DOWN POOL				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
12:00-12:20	SWLA	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC
12:20-12:40	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR	HYDR
12:40-1:00	MARC	MARC	SST	SST	SST	AGS	AGS	AGS	AGS	AGS	AGS	MARC	MARC

Sunday, October 12, 2025 – 13 & Over Swimmers - Morning Session starts at 9:00am

[illegible]

Sunday, October 12, 2025 – 12 & Under Swimmers - Afternoon Session starts at 1:00pm

Warm-up times below are an estimate based on the timeline for the morning. Meet will not start before 1:00pm

[illegible]

MAC October Trick or Treat Kick Your Feet Meet – October 10-12, 2025

TEAM TIMING ASSIGNMENTS

Friday Night, October 10, 2025 – 500 Free – Swimmers provide their own timers and lap counter

Saturday, October 11, 2025– Morning Session Timer Chairs – Session starts at 9:00am

MAIN COMPETITION POOL							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	AGS	AGS	MARC	HYDR	MAC	MAC	MAC
AGS	AGS	MARC	MARC	HYDR	MAC	MAC	MAC

ALL swimmers MUST provide their own timers for the 400 IM

Saturday, October 11, 2025– Afternoon Session Timer Chairs – Session starts at 1:15pm

Session start time is estimate based on the timeline for the morning. Meet will not start before 1:15pm

MAIN COMPETITION POOL							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	MARC	HYDR	HYDR	HYDR	MAC	MAC	MAC
AGS	MARC	HYDR	HYDR	HYDR	MAC	MAC	SST

Sunday, October 12, 2025– Morning Session Timer Chairs – Session starts at 9:00am

MAIN COMPETITION POOL							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	AGS	AGS	MARC	HYDR	HYDR	MAC	MAC
AGS	AGS	SST	MARC	HYDR	MAC	MAC	MAC

Sunday, October 12, 2025– Afternoon Session Timer Chairs – Session starts at 1:00pm

Session start time is estimate based on the timeline for the morning. Meet will not start before 1:00pm

MAIN COMPETITION POOL							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	AGS	HYDR	HYDR	HYDR	MAC	MAC	MAC
AGS	MARC	HYDR	HYDR	HYDR	MAC	MAC	SST