

# MAC Neon New Year Meet

Hosted By

**Magnolia Aquatic Club**

Timed Finals – Short Course Yards

**January 10-12, 2025**

Sanction # **GU-SC-25-050**



**ENTRIES DUE BY 6:00 PM, MONDAY, DECEMBER 30, 2024**

**This meet will be a deck-seeded meet. Circle-in is required for ALL events 45 minutes prior to the start of each session.**

**LOCATION:**

**Michael D. Holland Natatorium (Magnolia High School Campus)**  
14350 FM 1488, Magnolia, TX 77354

**The pool is located on the Magnolia High School Campus (On the East Side of the High School).  
The high school is located on the North side of FM 1488 at the corner of FM 1488 & FM 149.**

**SPECIAL  
INSTRUCTIONS:**

**Parking for all parents, swimmers, officials and visiting coaches will be located across the street from the natatorium in the high school parking lot.** Please follow signs for meet parking. No parking, loading or unloading along the street (Bulldog Blvd) between the pool and the high school. No parking in bus lot (just past natatorium on left).

**Please plan for outdoor set up around natatorium (in areas not blocking walkway).**

Limited set up in the stands for parents and swimmers. We also have some additional bleachers on deck available only to swimmers.

**Section 1 of the spectator stands is reserved for come-and-go viewing ONLY.** This area will be roped off prior to start of the meet and opened 10 minutes prior to session start. Parents should watch their swimmer race and then return to their seating area or outside to allow others to see their swimmers. Please be courteous to other parents, and not try to stay an extended time in this viewing section, so all parents can watch their swimmer's race.

**No standing allowed at the railing in front of the spectator stands at any time.**

**For safety reasons, no dripping wet swimmers in spectator stands.**

**COACHES:**

Shana Trabona, Shane McCauley, Bekah Welch

**MEET REFEREE:**

Ron Lusk - [rdl8930@att.net](mailto:rdl8930@att.net)

**ADMINISTRATIVE  
OFFICIAL:**

Troy Laubsch  
Sarah McDaniel

**MEET DIRECTOR:**

Lyne Santhin - [lsanthin@magnoliaisd.org](mailto:lsanthin@magnoliaisd.org)  
Mike McCauley - [mmccauley@magnoliaisd.org](mailto:mmccauley@magnoliaisd.org)

**SAFETY MARSHAL:**

Kelly Koenig

**TIME AND DATE:** This is a five session, 2 ½ day timed-finals meet.

**Session 1: Friday, January 10, 2025 PM Session – 11 & Over**

Open Warm Up at 5:00 – 6:15 PM, Meet Starts at 6:30 PM

**Session 2: Saturday, January 11, 2025 AM Session – 13 & Over**

\*Warm Ups: 7:30 – 8:45AM, Meet Starts at 9:00 AM

**Session 3: Saturday, January 11, 2025 PM Session – 12 & Under**

\*Warm ups will start @ conclusion of AM session. Host will publish PM Session warmup and session start time with warm-up/timing assignments on Gulf and MAC webpage week of meet.

**Session 4: Sunday, January 12, 2025 AM Session – 13 & Over**

\*Warm Ups: 7:30 – 8:45AM, Meet Starts at 9:00 AM

**Session 5: Sunday, January 12, 2025 PM Session – 12 & Under**

\*Warm ups will start @ conclusion of AM session. Host will publish PM Session warmup and session start time with warm-up/timing assignments on Gulf and MAC webpage week of meet.

\*Split warm-ups will be in effect. Lane assignments for warm-ups and timing will be designated, and will be posted on the Magnolia Aquatic Club and Gulf Swimming websites by Monday, January 6, 2025.

**POOL:** Eight lane, 25-yard indoor pool with 5 continuous warm up/down lanes at the far end. Pool has competitor non-turbulent lane lines, an 8-line LED CTS Scoreboard and non-slip touch pads.

**MEET TYPE:** This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

**SAFETY GUIDELINES & WARM-UP PROCEDURES:**

See attached Safety Guidelines and Warm-up Procedures.

**SEEDING:** This meet will be a deck-seeded meet. **Circle-in is required for ALL events 45 minutes prior to the start of each session.** Coaches, please inform your swimmers of deck-seeded rules. All events, including relays, will be seeded with heats in the order of fastest to slowest. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Magnolia Aquatic Club if he/she fails to appear.

1650 Free, 500 Free and 400 IM swimmers must provide 2 timers, and lap counter where applicable.

**RELAY CARDS:** Relay cards must be turned in to the Clerk of Course by 8:15 am for morning sessions and 45 minutes before the start of the afternoon session or the entry will be considered scratched.

**ON-DECK ENTRIES:**

Late entries will be accepted each day up to 45 minutes before the start of the meet. Those swimmers missing the **6:00 p.m. Monday, December 30, 2024** deadline may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
2. Swimmers must supply completed entry forms entered at the swimmer's best times. The swimmers will be seeded according to their best times in deck seeded events.
3. Swimmers must enter all events for the session 45 minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers who on-deck to change an entry time in a deck seeded event already entered must circle-in on the posted circle-in sheets. The new time will be used for seeding. The on-deck entry fees still apply to these swimmers.
7. Heats will be added, if necessary, if the timeline permits.
8. **The meet host reserves the right to limit on-deck entries, in order to comply with the 4-hour rule, based on projected timeline.**

**ENTRY INFORMATION:** **Entry Times:** Swimmers must enter at their best times. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using HY-TEK), swimmers should indicate on their entry, the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

**Cut-off Times:** None

**Qualifying Times:** None

**Age:** As of January 10, 2025

**Number of Events:** Swimmers may compete in up to a maximum of 4 (four) individual events per day plus 1 relay event per day.

**Entries:** All teams **MUST** submit their entries electronically via email using the Hy-Tek Meet Manager/Team Manager or Team Unify computer software. **Entries must be in the hands of the Meet Entry Coordinator no later than 6:00 pm on Monday, December 30, 2024.** No late entries will be accepted.

**Email Entries to MAC Meet Entry Coordinator:** Lyne Santhin @ [lsanthin@magnoliaisd.org](mailto:lsanthin@magnoliaisd.org)

**Eligible Teams:** Only swimmers attached or in the process of transferring to the following teams are eligible to enter: **MAC, AGS, MARC, SST, NEHA, HYDR, BATS**

**Meet Limits:** Entries will be accepted in the order they are received by the host. The meet host reserves the right to stop accepting entries when sessions approach the 4-hour limit, to be in accordance with the 4-hour rule. Once your entries are accepted, you will receive a confirmation email from the MAC Entry Coordinator, confirming your entries have been accepted.

**Fees:** \$10.00 per individual entry and \$16.00 for each relay entry. Plus \$9.00 swimmer facility surcharge fee per swimmer entered in meet. Includes free PDF Heat Sheet available on Magnolia Aquatic Club and Gulf Swimming Website and on Meet Mobile.

**Teams - Make checks payable to Magnolia Aquatic Club (MAC).**

**Entry Fees from teams must be postmarked by Friday, January 3rd, 2025 to address below  
OR turned in at meet to the Meet Director prior to start of team's warmup:**

Magnolia Aquatic Club  
PO Box 911  
Magnolia, TX 77354

832-296-5800 cell / [lsanthin@magnoliaisd.org](mailto:lsanthin@magnoliaisd.org)

**Note: Warm-up and competition will not be permitted until meet entry fees are received by the meet director. It is the responsibility of each team to ensure that meet fees are in the hands of the meet director prior to the first warm-up session.**

**AWARDS:** 12 & Under Individual Events: Ribbons 1<sup>st</sup> – 8<sup>th</sup> Place  
12 & Under Relay Events: Ribbons 1<sup>st</sup> – 3<sup>rd</sup> Place  
No awards for 13 & Over Individual and Relays Events

**SCORING:** Individual Events: 9-7-6-5-4-3-2-1  
Relay Events: 18-14-12-10-8-6-4-2

**All individual events will be swum combined/mixed, but scored separately as male and female.**

**All Individual 13 & Over events** will be swum combined but scored separately as 13-14 and 15 & Over.

**All Individual 12 & under events** will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.

**All Individual 11 & Over events** will be swum combined but scored separately as 11-12, 13-14 and 15 & Over.

**All Individual 9-12 events** will be swum combined but scored separately as 9-10 and 11-12.

**All Individual 8 & under events** will be swum combined but scored separately as 8, 7 and 6 & Under.

**All Relays** will be entered in the meet as 10 & Under, 11-12, 13-14, 15-18 age groups and scored by these same age groups.

**RULES:** The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the rules of USA Swimming and Gulf Swimming. "It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event." No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted.

**MAAP Policy:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition.

**POOL MEASUREMENT:** The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct. The water depth of the competition course is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 5 feet measured from 1 meter to 5 meters on the turning end of the course.

**TIMING SYSTEM:** A Colorado Model Gen 7 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 1650 Free, 500 Free and 400 IM must provide two (2) timers, and a lap counter where applicable.

**POOL DECK RESTRICTION:**

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety. Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room.

**DECK CHANGING PROHIBITION:** Changing in to or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**AUDIO/VIDEO RECORDING DEVICES:** Use of audio or visual recording devices, including cell phones, is not permitted in the area behind the starting blocks, in changing areas, rest rooms, showers or locker rooms. Violators may be reported to law enforcement or other government authorities and/or may be barred from the facility during the sanctioned event.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**PROOF OF TIME:** Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chair, Paige Sikkema.

**UNACCOMPANIED SWIMMERS:**

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:**

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

- CONCESSIONS:** Concessions will be sold at the meet. Cash or credit card accepted.
- HOSPITALITY:** A hospitality room will be available for Officials, Coaches and Meet Personnel.
- MEET RESULTS:** Unofficial real time results will be available on the Meet Mobile App. Official meet results will be posted within three (3) days after the conclusion of the meet on the Gulf Swimming webpage.
- MEDICAL SUPERVISION:** During the meet, lifeguard and AED device will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.
- USA / GULF SWIMMING DISCLAIMER:**
- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
  - USA Swimming, Inc., Gulf Swimming, and Magnolia Aquatic Club cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
  - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MAGNOLIA AQUATIC CLUB, AND GULF SWIMMING EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSESS, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORSEEN, IN CONNECTION THEREWITH.
  - Magnolia Aquatic Club has taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while at the facility. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this event at the Magnolia Aquatic Club hosted swim meet, you voluntarily assume all risks related to exposure to COVID-19.

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**Magnolia Aquatic Club**  
Timed Finals – Short Course Yards  
**January 10-12, 2025**



## Entry Rules:

Type of Meet	Timed Finals
Max # of Individual Events per day	Four (4) per day
Swimmers Eligible	See Entry Information Above
Qualifying Times	None
Cut-off Times	None
Enter with No Time?	Yes
Gulf "three event" rule applies?	Does Not Apply
Gulf Up/Down Rule	Does Not Apply
Fees	Individual Events: \$10.00 \$9.00 Facility surcharge per swimmer Relays: \$16.00

## ORDER OF EVENTS BY NUMBER:

### Meet Session #1:

Friday Evening – 11 & Over Girls & Boys  
FRIDAY, January 10, 2025

### MIXED GENDER EVENT #:

#1 11 & Over 1650 Free \*\*

**\*\* 1650 Free, 400 IM & 500 Free swimmers must provide 2 timers and a lap counter where applicable.**

**All events will be seeded fastest to slowest.**

**All individual events will be swum combined/mixed, but scored separately as male and female:**

**All Individual 13 & Over events** will be swum combined but scored separately as 13-14 and 15 & Over.

**All Individual 12 & under events** will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.

**All Individual 11 & Over events** will be swum combined but scored separately as 11-12, 13-14 and 15 & Over.

**All Individual 9-12 events** will be swum combined but scored separately as 9-10 and 11-12.

**All Individual 8 & under events** will be swum combined but scored separately as 8, 7 and 6 & Under

**All Relays** will be entered in the meet as 10 & Under, 11-12, 13-14, 15-18 age groups and scored by these same age groups.

## **ORDER OF EVENTS BY NUMBER (Saturday):**

**Meet Session #2:  
Saturday Morning Session  
(13 & Over Girls & Boys)  
SATURDAY, January 11, 2025**

**Meet Session #3  
Saturday Afternoon Session  
(12 & Under Girls & Boys)  
SATURDAY, January 11, 2025**

### **MIXED GENDER EVENT #:**

#2 13 & Over 200 Free  
#3 13 & Over 100 Breast  
#4 15-18 Girls 400 Medley Relay  
#5 15-18 Boys 400 Medley Relay  
#6 13-14 Girls 400 Medley Relay  
#7 13-14 Boys 400 Medley Relay  
#8 13 & Over 50 Free  
#9 13 & Over 200 Fly  
#10 13 & Over 100 Back  
#11 13 & Over 400 I.M.\*\*

### **MIXED GENDER EVENT #:**

#12 9-12 100 Breast  
#13 8 & Under 25 Free  
#14 11-12 Girls 200 Medley Relay  
#15 11-12 Boys 200 Medley Relay  
#16 10 & Under Girls 200 Medley Relay  
#17 10 & Under Boys 200 Medley Relay  
#18 11-12 200 Fly  
#19 12 & Under 50 Free  
#20 12 & Under 100 I.M.  
#21 11-12 200 Back  
#22 8 & Under 25 Back  
#23 12 & Under 50 Breast  
#24 9-12 200 Free

**\*\* 1650 Free, 400 IM & 500 Free swimmers must provide 2 timers and a lap counter where applicable.**

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**All Individual 13 & Over events** will be swum combined but scored separately as 13-14 and 15 & Over.

**All Individual 12 & under events** will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.

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**All Individual 9-12 events** will be swum combined but scored separately as 9-10 and 11-12.

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**All Relays** will be entered in the meet as 10 & Under, 11-12, 13-14, 15-18 age groups and scored by these same age groups

## **ORDER OF EVENTS BY NUMBER (Sunday):**

**Meet Session #4:**  
**Sunday Morning Session**  
**(13 & Over Girls & Boys)**  
**SUNDAY, January 12, 2025**

### **MIXED GENDER EVENT #:**

#25 13 & Over 200 Back  
#26 13 & Over 200 Breast  
#27 13 & Over 100 Free  
#28 15-18 Girls 200 Free Relay  
#29 15-18 Boys 200 Free Relay  
#30 13-14 Girls 200 Free Relay  
#31 13-14 Boys 200 Free Relay  
#32 13 & Over 100 Fly  
#33 13 & Over 200 I.M.  
#34 13 & Over 500 Free\*\*

**Meet Session #5:**  
**Sunday Afternoon Session**  
**(12 & Under Girls & Boys)**  
**SUNDAY, January 12, 2025**

### **MIXED GENDER EVENT #:**

#35 9-12 100 Back  
#36 12 & Under 50 Fly  
#37 11-12 200 Breast  
#38 8 & Under 25 Breast  
#39 11-12 Girls 200 Free Relay  
#40 11-12 Boys 200 Free Relay  
#41 10 & Under Girls 200 Free Relay  
#42 10 & Under Boys 200 Free Relay  
#43 12 & Under 100 Free  
#44 8 & Under 25 Fly  
#45 9-12 100 Fly  
#46 12 & Under 50 Back  
#47 9-12 200 I.M.  
#48 9-12 500 Free\*\*

**\*\* 1650 Free, 400 IM & 500 Free swimmers must provide 2 timers and a lap counter where applicable.**

**All events will be seeded fastest to slowest.**

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**All Individual 13 & Over events** will be swum combined but scored separately as 13-14 and 15 & Over.

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**All Individual 11 & Over events** will be swum combined but scored separately as 11-12, 13-14 and 15 & Over.

**All Individual 9-12 events** will be swum combined but scored separately as 9-10 and 11-12.

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## ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

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Signature

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Title

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Date

## GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

### SAFETY GUIDELINES

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.