



SHARKS OPEN WATER EXTRAVAGANZA SWIM

RACE INSTRUCTIONS



Sunday, October 26th, 2025 - HOSTED BY SHARKS Swim Club

Lake Longhorn, 2391 Gun Range Rd. League City, TX. 77573

Steps to follow to have a great Lake Longhorn Race Day experience:

1. **WAIVER** – Every person attending the event **MUST** sign a waiver prior to coming on site. You will be asked by the parking attendant to read the waiver and sign it when you arrive at the lake prior to parking. Also, every person entering the water **MUST** be able to show proof that they are an active member of US Swimming.
2. **CHECK-IN** – after on-site personnel have verified your waiver, please proceed to the CHECK-IN table to receive your race number and to be body marked.
3. **EVENT TIMING** - This event will be a chipped timed event with a camera back-up system. Each athlete will be given a reusable timing chip and an assigned individual number. It will be helpful for the racer to remember their number when exiting the water in case the timer cannot read the marked number.
4. **BODY MARKING** – Every athlete must be **body marked** with your race number and event.
5. **WARM UP/DOWN** area will be open throughout the entirety of the event beginning at 7:30am. We will have a kayak for support in the warmup area. We ask that you warm-up or down and not hang out in the water prior to and after the race. Please note that you cannot enter the warmup area unless you are checked in and body marked. This area is restricted to athletes only.
6. **STARTING PROTOCOL** – There will be a mass start event by specified events. There will be race instructions 10 mins prior to each event.
7. **INDIVIDUAL RACE DESCRIPTION** - The 1.25KM (1 Loop) and 2.5KM (2 Loops) courses are a rectangular course with 4 turn buoys and we will be swimming Counter-Clockwise for each loop. The 500M will be a single triangular loop course swam counterclockwise. **NOTE:** Specific directions will be given at the start of each race prior to you entering the water. See attached course map for details.
8. **PURSUIT DESCRIPTION** – The Team Pursuit will be 1.25KM long. It will use the same course as the Individual 1.25K course. It will be a single loop. Each Team will need a minimum of 4 swimmers and a maximum of 6 swimmers. The team's time will be determined after a specific swimmer on that team crosses the finish line. The number will be determined after the start of the team pursuit by a roll of a dice. **Each team member must complete the 1.25K course.**
9. **RELAY DESCRIPTION** – The team relays will be a 4 x 300M with an in-water exchange. Each team will have 4 swimmers of the same gender and age group. The Mixed Age Group Relay will have 4 swimmers of the same gender. The 1st leg will be the 11-12 swimmer, the 2nd leg will be the 13-14 swimmer, the 3rd leg will be the 15-16 swimmer, and the 4th leg will be the 17-18 swimmer.
10. **BEACH FINISH** - Every race will have a beach finish on land under a finishing arch. You must cross the finishing mat to receive a finishing time. For the Team Pursuit, each team member **MUST** have a timing chip around their ankle. For the relays, the final swimmer must be wearing their timing chip, and the race organizers **MUST** know the final swimmer's name.



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11. **RACE TIMES** - Swimmers will be instructed to start entering the water 5 minutes before each race start (after you have checked in with race staff on the starting dock), one at a time by race distance and gender. (*Times are estimated*)

Sharks Open Water Extravaganza at Lake Longhorn

- a. **Open Water Practice (On course)** – 7:15 am – 7:45 am (**Swim at your own risk**)
 - b. **Event 1&2 - 1.25K** - Males start 8:00 am, Females start 8:10 am (1 LOOP)
 - c. **Event 3&4 - 2.5K** - Males start 8:40 am, Females start 8:50 am (2 LOOPS)
 - d. **Event 5&6 - 500M (12&under)** – Males start at 10:15 am, Females start 10:30 am (1 LOOP)
 - e. **Event 7-10 – 1.25K Team Pursuit** – Males Start 11:15, Females Start 11:30
 - f. **Event 11-16 – Relays** – Males start 12:30, Females Start 1:00
 - g. **Event 17-18 – Mixed Age Group Relays** –Start 1:30
12. **SAFETY**
- a. You must check in prior to entering the water for any event (warm-up, practice, race).
 - b. There will be a safety jet ski with a lifeguard for any swimmers that decide they cannot proceed.
 - c. If you are in distress – find a kayaker – you will be allowed to hold on to a kayak but you cannot advance. If you are not near a kayak/jetski – float on your back and signal to safety personnel.
 - d. If you cannot get to a kayaker, get to the closest shoreline.
 - e. We will have an Ambulance onsite to respond to any emergencies or minor incidents.

13. PLEASE - NO PETS ALLOWED!!

14. THANKS TO VOLUNTEERS!!



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COURSE MAP





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ESTIMATED TIMELINE

6:30 – Park Opens and Check-in Begins

7:15 – Open Water Practice Starts

7:45 – Open Water Practice Ends

7:45 - Call for 1.25KM swim – Male and Female

7:50 – Race Instructions 1.25KM swim – Check-in - Males and Females

8:00 – Event 1 Male 1.25KM Start

8:10 – Event 2 - Female 1.25KM Start

8:30 - Call for 2.5KM swim – Male and Female

8:35 – Race Instructions 2.5KM swim – Check-in - Males and Females

8:40 – Event 3 Male 2.5KM Start

8:50 – Event 4 Female 2.5KM Start

10:00 – Call for 500M – Male and Female

10:05 – Race instructions 500M – Check-in - Male and Female

10:15 – Event 5 –Male 500M Start

10:30 – Event 6 -Female 500M Start

11:00 – Call for Team Pursuit – Male and Female

11:05 – Race instructions Team Pursuit – Check-in – Male and Female

11:15 – Event 7,9 –Male Team Pursuit

11:30 – Event 8,10 -Female Team Pursuit

12:15 – Call for Relays – Male

12:20 – Relay Race instructions– Check-in - Male

12:30 – Event 11,13,15 –Male Relays

12:45 – Call for Relays – Female

12:50 – Relay Race instructions– Check-in - Female

1:00 – Event 12,14,16 –Female Relays

1:15 – Call for Relays – Mixed Male and Female

1:20 – Mixed Relay Race instructions– Check-in – Male and Female

1:30 – Event 17&18 –Mixed Relays – Male and Female