



Sharks Fall Open Water Extravaganza

October 26th, 2025
Lake Longhorn

Hosted by Sharks Swim Club

MEET INFORMATION	
SANCTION – GU-SC-25-030	This meet is held under the sanction of USA Swimming and Gulf Swimming
HOSTED BY	Sharks Swim Club
LOCATION	Lake Longhorn, 2391 Gun Range Rd, League City, TX 77573
SPECTATOR ADMISSION	No charge for spectators
MEET DIRECTOR	Amanda Hoover, ahoover@alumni.utexas.net
ENTRY CHAIR	Amanda Hoover, ahoover@alumni.utexas.net
MEET REFEREE	Herb Schwab, herb.schwab@gmail.com
SAFETY MONITOR	John Atchison
RACE DIRECTOR/COACH	Chris Sustala, csustala@gmail.com – Please contact Coach Chris with race related questions.
AO	Jim McMichael
MEDICAL OFFICER	Adam Pena
TIMING SYSTEM	Hi-Speed with ankle strap timing chips
ELIGIBILITY	Swimmer(s) must be registered with USA Swimming to be accepted into this meet. Age as of 10/26/25 shall determine the swimmer's age.



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EVENTS, RELAYS, AND TEAM PURSUITS		
INDIVIDUAL COMPETITION	AGE	DISTANCE
	17-18	1.25K, 2.5K
	15-16	1.25K, 2.5K
	13-14	1.25K, 2.5K
	11-12	500m, 1.25K
	9-10	500m
	8&U	500m
	One individual event per swimmer.	
TEAM PURSUIT	AGE	DISTANCE
	15-18	1.25K
	13-14	1.25K
	The Team Pursuit will be 1.25KM long and will use the same course as the Individual 1.25K course. It will be a single loop. Each team will need a minimum of four swimmers and a maximum of six swimmers. The team's time will be determined after a specific swimmer on that team crosses the finish line. That swimmer's number will be determined after the start of the team pursuit by a roll of the dice. The final swimmer will cross the timing mat on land under the finishing arch. Each team member must complete the entire 1.25K course. Two pursuit teams per team/event, and each swimmer may only swim in one team pursuit.	
RELAYS	AGE	DISTANCE
	18&U	4x300
	14&U	4x300
	12&U	4x300
	Team relays will be a 4 x 300M with an in-water start and exchange. The final relay time is determined when the final swimmer crosses the timing mat on shore at the end of the 4 th leg. There is no limitation on the number of team relays a team can enter, but each swimmer may only swim in one team relay.	
MIXED AGE-GROUP RELAY	AGE	DISTANCE
	Mixed	4x300
	Mixed age group relays will be a 4 x 300M with an in-water exchange. The Mixed Age Group Relay will have four swimmers of the same gender. The 1 st leg will be the 11-12 swimmer, the 2 nd leg will be the 13-14 swimmer, the 3 rd leg will be the 15-16 swimmer, and the 4 th leg will be the 17-18 swimmer. The final relay time is determined when the final swimmer crosses the timing mat on shore at the end of the 4 th leg. Two mixed age-group relays per team/event. Each swimmer may only swim in one mixed age-group relay.	



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RACE TIMES

Swimmers will be instructed to start entering the water five minutes before each race start (after you have checked in with race staff on the starting dock), one at a time by race distance and gender.
(**Times are estimated**)

- a. **Open Water Practice (On course)** – 7:15 am – 7:45 am (**Swim at your own risk**)
- b. **Event 1&2 - 1.25K** - Males start 8:00 am, Females start 8:10 am (1 LOOP)
- c. **Event 3&4 - 2.5K** - Males start 8:40 am, Females start 8:50 am (2 LOOPS)
- d. **Event 5&6 - 500M (12&under)** – Males start at 10:15 am, Females start 10:30 am (1 LOOP)
- e. **Event 7-10 – 1.25K Team Pursuit** – Males Start 11:15, Females Start 11:30
- f. **Event 11-16 – Relays** – Males start 12:30, Females Start 1:00
- g. **Event 17&18 – Mixed Relays** –Males Start 1:30, Females Start 2:00

Session One: Individual Races (Events 1-6)

Session Two: Team Pursuits (Events 7-10)

Session Three: Relays (Events 11-18)

CHECK-IN PROCEDURES AND WARM-UP/DOWN

WAIVER	Every person attending the event MUST sign a waiver prior to coming on site. You will be asked by the parking attendant to read the waiver and sign it when you arrive at the lake prior to parking. Also, every person entering the water MUST be able to show proof that they are an active member of USA Swimming.
CHECK-IN	Please proceed to the CHECK-IN table to receive your race number and to be body marked after on-site personnel have verified your waiver.
EVENT TIMING	This event will be a chipped timed event with a camera back-up system. Each athlete will be given a reusable timing chip and an assigned individual number. It will be helpful for the racer to remember their number when exiting the water in case the timer cannot read the marked number.
MARKING	Every athlete must be body marked with your race number and event.
WARM-UP PROCEDURE	A warm-up/down area will be open throughout the entirety of the event beginning at 7:30am. We will have a kayak for support in the warmup area. We ask that you warm-up or down and not hang out in the water prior to and after the race. Please note that you cannot enter the warmup area unless you are checked in and body marked. This area is restricted to athletes only.

SAFETY PROCEDURES

SAFETY CONDITIONS	If the swimming conditions are not deemed safe (too much bacteria, debris, etc.), the meet will be rescheduled or canceled. Coaches or contact persons will be notified of any delays or cancellations through messaging with meet management, and those contacts will be responsible for relaying this information to their athletes and families.
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	The meet will be swum under all conditions except thunder and lightning. If there is hazardous weather in the area, we will delay the meet 30 minutes per occurrence. We will make every attempt to swim the races. There will be no entry fee refunds.
SAFETY PROCEDURES	<ul style="list-style-type: none"> A. There will be a mandatory Pre-Race Briefing held ten minutes before the start of each event to discuss the course, rules and safety procedures B. You must check in prior to entering the water for any event (warm-up, practice, race) C. There will be a safety jet ski with a lifeguard for any swimmers that decide they cannot proceed. D. If you are in distress – find a kayaker. If you are not near a kayak/jetski – float on your back and signal to safety personnel. E. If you cannot get to a kayaker, get to the closest shoreline. F. We will have an Ambulance onsite to respond to any emergencies or minor incidents.
MEDICAL FACILITY	Clear Creek Emergency Room; (281)407-4887; approx. 3 mi from event site with an approximate transfer time of 7 minutes

SCORING AND AWARDS		
SCORING	Individual events	
	Top 16 by age group (16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1)	
	Relay events	
	Top 16 by age group (32-30-28-26-24-22-20-18-16-14-12-10-8-6-4-2)	
AWARDS	Team Pursuits	
	Top 16 (32-30-28-26-24-22-20-18-16-14-12-10-8-6-4-2)	
	Individual Events	Relay Events
	Top 3 per age group and event	Top 3 per event
	Team Pursuit Awards	
	Top 3 per event	

ENTRIES	
ENTRY FEES	<p>\$50 per individual event and \$15 per relay and team pursuit. There is a \$10 facility surcharge per swimmer.</p> <p>Please make checks payable to Sharks Swim Club and mail them to PO Box 361, Friendswood, TX, 77549. Fees must be postmarked by October 25, 2025.</p>
DECK ENTRIES	Deck entries will be accepted.
ENTRY PROCEDURES AND DEADLINE	<p><i>Entries and Fees must be received on or before Tuesday, Oct 14, 2025 at 9:00 pm.</i></p> <p>HYTEK entries only. The HYTEK entries must be sent via email to Amanda Hoover at ahover@alumni.utexas.net.</p>



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SAFE SPORT

MAAPP POLICY:	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
RECORDING DEVICES	Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
CHANGING AREAS	Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or changing facilities, or other designated areas, is not appropriate and is strongly discouraged/prohibited. DECK CHANGING IS PROHIBITED.
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (beach, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

OTHER INFORMATION

ATHLETE ATTITUDE	Athlete conduct will be governed by Part Seven of the USA Swimming Rules and Regulations Handbook. Intentional obstruction, interference or intentional contact with another swimmer may be deemed "Unsporting Impedance" and lead to disqualification. Swimmers shall maintain clearance from other swimmers except at the start, turn, and the finish or where the course or race conditions dictate otherwise. Parents and swimmers should be advised there are a significant number of entrants, open water swimming may be expected to involve inadvertent contact with other swimmers. It is important that swimmers keep a cool head while in the water
DISABILITY ATHLETES	We welcome registered athletes with cognitive or physical disabilities, and the Referee will make reasonable accommodations to facilitate participation. Please notify the Meet Director or the Meet Referee in advance to allow us to understand the nature of any accommodation being requested.
RULES	The current USA Swimming open water rules will govern the Meet as outlined in Part Seven of the USA Swimming Rules and Regulations Handbook. <i>USA Swimming Rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.</i>
SWIMWEAR	All swimwear must comply with USA Swimming 701.4.
PROGRAMS	Electronic heat sheets will be available free of charge on meet mobile.



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FINAL RESULTS	Final results and Hy-Tek Team Manager Results file will be posted to the Gulf Swimming website and to the timer's website at runhoustontiming.net. A QR code will be posted on-site to access real-time results on race day.
REFRESHMENTS	Concessions will be available.
HOSPITALITY	Hospitality will be available.
PARKING	Parking will be available for a fee.

USA/GULF SWIMMING/SHARKS DISCLAIMER:

- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., Gulf Swimming and Sharks Swim Club cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND GULF SWIMMING, EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.
- Sharks Swim Club have taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while on the property. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in the Sharks event, you voluntarily assume all risks related to exposure to COVID-19.



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OPEN WATER EVENTS				
MALES EVENT #	AGE	DISTANCE	TYPE	FEMALES EVENT #
1	17 – 18 15 – 16 13 – 14 11 - 12	1.25K	Individual	2
3	17 – 18 15 – 16 13 – 14	2.5K	Individual	4
5	11 – 12 9 – 10 8 & Under	500M	Individual	6
7	15 - 18	1.25K	Team Pursuit	8
9	13 - 14	1.25K	Team Pursuit	10
11	18 & Under	4x300M	Relay	12
13	14 & Under	4x300M	Relay	14
15	12 & Under	4x300M	Relay	16
17	11 - 18	4x300M	Mixed Relay	18



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COURSE MAP





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ENTRY SUMMARY AND WAIVER

Please fill out the information requested below and submit with your payment.

Make checks payable to Sharks Swim Club. Mail entry fees (Postmarked by October 25, 2025) to the following address:

Sharks Swim Club, PO Box 361, Friendswood, TX, 77549

NAME OF CLUB _____

CODE _____

Number of Individual Entries (one/swimmer max) _____ x \$50 Individual Entry Fee = _____

Number of Relays _____ x \$15 Relay Entry Fee = _____

Number of Pursuits (two per team/gender max) _____ x \$15 Pursuit Entry Fee = _____

Number of Athletes _____ x \$10 Facility Surcharge = _____

TOTAL AMOUNT ENCLOSED: _____

NAME _____

ADDRESS _____

CITY - STATE - ZIP _____

HEAD COACH EMAIL ADDRESS _____

PHONE _____

CLUB OFFICIAL EMAIL _____

COACH _____

COACH _____

COACH _____

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges **Sharks Swim Club**, **Gulf Swimming**, and its Board of Directors, USA Swimming Inc., **Lake Longhorn** and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event.

Further, the undersigned shall indemnify and hold harmless **Sharks Swim Club** and **Gulf Swimming**, USA Swimming Inc., **Lake Longhorn** and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Signature of Club Official/Coach _____

Date _____

Did you include?

☐
☐
☐

Entries Printed

Check for entries

This completed form and membership meet entry form



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USA SWIMMING MEMBERSHIP MEET ENTRY FORM

Meet Name: **Sharks Fall Open Water Extravaganza 2025**
Location: **Lake Longhorn, 2391 Gun Range Rd, League City, TX 77573**
Date: **10/26/25**

PLEASE RETURN THIS FORM WITH YOUR ENTRY FORMS

The undersigned team representative certifies by his/her signature that all athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

TEAM: _____ DATE: _____

PRINTED NAME: _____

SIGNATURE: _____

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302
Held under the sanction of USA Swimming