



2025 Arena Summer Sizzler June 6-8, 2025



Sanction: ST-

Meet: **2025 Arena Sizzler**
Hosted by Surge Aquatics & Tiger Sharks of Texas
Held under the sanction of USA Swimming

Dates: June 6-8, 2025

Venue: **Round Rock ISD Aquatics**
Center 2801 Gattis School Rd.
Round Rock, TX 78664

Eligibility / Qualifying times: This meet is open to all USA Swimming Members. Please enter using the swimmers best LCM time. If the swimmer does not have a LCM time, please estimate as best as possible. "NT" (no times) will not be accepted.

Entry **Entry Deadline:** The entry deadline for this meet is **Friday, May 23, 2025 at 11:59PM** or the meet is full
11 & Over swimmers may enter a maximum of three (3) individual events per day and a maximum of nine (9) for the meet. 10 & Under swimmers may enter a maximum of five (5) individual events per day and a maximum of fifteen (15) for the meet.
* The host reserve the right to limit entries for the 1500 based on the timeline. Coaches will be informed prior to the meet and able to adjust entries for athlete impacted.

Daily Schedule: **Daily Preliminaries:**

Warm-ups begin
Clear competition pool
Sessions begin 8:45 AM

7:00 AM**
8:30 AM

Daily Finals:

Warm-ups begin
Clear competition pool
Sessions begin

4:00 PM
4:45 PM
5:00 PM

10 & under Session

Warm-ups begin
Session begins

Immediately following AM prelims
One hour after the completion of prelims

Format: This is a Prelim/Finals long course meters meet for 11 & Over by age groups (11-12, 13-14, 15 & Over) and timed finals for 10 & Under. The 1500 will be swum as a timed final and will require positive check-in. All other 11 & Over events will have 2 finals heats (A & B). The order of prelims seeding will be: LCM/SCY/SCM. Any scratches for prelims or finals will be done with the administrative official at the Console Table. The Meet Director and Meet Referee reserve the right to change the pool configuration for prelims and or finals. Any changes will be communicated in the pre-meet email to coaches.

Age Up Date: The age of the swimmer will be his / her age on June 6, 2025.

Time Trials: Time trials will not be offered at this event.

Entry

Requirements: All entries must contain the following information: the name, email address, and phone number of the person preparing the entries in case clarification is needed; an attachment of the Hy-Tek Team Manager or Team Unify export file; an attached document listing the entries (by swimmer) and USA Swimming ID number; and an attached document of the meet entry fees report.

Teams with exceptions will be e-mailed notice of same. Teams and entrants are responsible to check the exception report and correct any errors prior to the deadline given to them by the meet host.

Meet Management:

Entries Chair: Sean Barry, sean.barry@bisd.net

Meet Director: Derek Howorth, coachhoworth@surgeaquatics.org

Meet Referee: Nick Cutbirth caveman1269@gmail.com

Admin Official: Jeremy Ferguson, baylorferg@gmail.com



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Entry

Procedures: 11 & Over, prelim finals will be \$15.00 per individual event
10 & Under timed finals will be \$10.00 per individual event
– includes the STSI splash fee of \$1.25 per event.
\$20.00 per swimmer facility surcharge
Please send entries to Tiger Sharks of Texas, Entries Chair, at Christopher.knipp@bisd.net
Make checks payable to:

Surge Aquatics
2911 Oakleaf Dr.
San Antonio, TX 78209

Entry fees must be received by June 6th, 2025. If payment is not received on time the affected swimmers will be scratched from the meet. Please include the meet entry fee report with your check. Once the entry fees are accepted, they will not be refunded for any reason, even if a swimmer should fail to compete. No paper, phone, or fax entries will be accepted. If you do not receive an e-mail confirmation, your entries were not received.

Deck

(late)Entries: Deck entries will be accepted at \$25.00 per individual event, plus the \$20.00 per swimmer facility surcharge if not already entered in the meet. Swimmers may deck enter for the current session beginning at the start of warm-ups. Deck entries will close 45 minutes prior to the start of each session. Swimmers may deck enter for subsequent sessions after deck entries close for the current session. At the discretion of meet administration, a Heat "Zero" may be added for late entries, if needed. Swimmers *not previously entered in the meet* must present their USA Swimming proof of membership using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app) to the Clerk of Course to deck enter. In addition, the swimmer must present proof of time before a deck entry will be accepted.

Scratch Rules: There is no penalty for failing to scratch from a pre-seeded, preliminary event. Swimmers who fail to compete in the 400 IM, 400 Free or 1500 Free events after positive check-in will be barred from all further individual and relay events of that day, and then must positively check in for the remainder of the meet with meet administration, per USA Swimming rule 207.11.6.C. Illness and injury may be excused by the Meet Referee.



The top 16 (10&Under, 11-12, 13-14,15&Up) qualifiers in each preliminary event will be announced and posted shortly after the final heat. **Swimmers who qualify for finals and elect NOT to compete in finals must scratch or declare an INTENT to scratch with the Administrative Official within 30 minutes of the announcement.** Swimmers who declare an intent to scratch will then have 15 minutes after the completion of their last individual event of the session to confirm the scratch. Following the 15-minute deadline, if scratch confirmation is not received it will be assumed the swimmer will compete in the finals event.

Per USA Swimming rule 207.11.6.D, any swimmer who qualifies for a final and fails to compete in said final shall be barred from further competition in the remainder of the meet. Illness and injury may be excused by the Meet Referee and this policy does not apply to alternates or athletes seeded in 17th place and below.

Scoring:

A Finals Place ⇒	1	2	3	4	5	6	7	8
Ind. event points	20	17	16	15	14	13	12	11
B Finals Place ⇒	9	10	11	12	13	14	15	16
Ind. event points	9	7	6	5	4	3	2	1

All 11 & Over individual events will have A & B finals, with the following exceptions. The 1500 Free and all 10&U events are timed finals only.

Awards:

Awards will be given by gender in the following age groups: 10&under, 11-12, 13-14, and 15&up Individual events: first through eighth place: Ribbons

High Point (male/female 10&under, 11-12, 13-14, 15&up):

Clubs must pick-up awards at the end of the meet from the awards desk area. Awards will not be mailed to teams.

There will be Arena gear given out for Hot Heat Winners!

Timers:

Each participating team is required to provide back-up timers in proportion to the number of swimmers entered in the meet. Swimmers competing in the 1500 Free events must provide their own back-up timers and lap counters.

Facility:

This meet will be conducted in an 8 lane, 50 meter competition pool. We will use Hy-Tek Meet Manager software and Daktronics timing system. The minimum water depth, measured in accordance with Article 103.2.3, is five feet at the start end and the turn end is four feet measured for a distance of one meter to five meters from both end walls. The host will ensure the required course dimensions.



Special Needs: Please notify the Meet Director (Sean Barry, sean.barry@bisd.net) in advance of this event with the name and age of any member on your team who needs assistance to enter the facility. The host staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be judged under Article 105. Adaptive swimmers who would like their events to be seeded in the lane next to the starter should notify the entry chair by the second entry deadline.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be current registered members of USA Swimming in good standing. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app). Current national and LSC regulations do not allow for exceptions to these policies.

Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make sure arrangements prior to the start of the meet.

Cell Phone Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Deck Changing: Deck changes are prohibited.

Medical Supervision: During the meet, lifeguards and an AED device will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

Swimmer Photographs and Videos There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Drones: Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

Warm-up Procedures: Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement. Athletes must be directly always supervised by a USA Swimming certified coach.



Liability:

In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the RRISD school district, Surge Aquatics, Tiger Sharks of Texas, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, THE RRISD SCHOOL DISTRICT, SURGE AQUATICS, TIGER SHARKS OF TEXAS, AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Sanction:

This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and any relevant sections of the South Texas Policies & Procedures Manual will apply. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. All swimmers must be current athlete members in good standing with USA Swimming before the meet start date. Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may deck enter the meet only if they can present their current USA Swimming registration card or proof of membership using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app). South Texas Swimming does not allow on-deck USA Swimming registrations. Athletes who fail to meet this requirement will not be allowed to compete. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Officials:

All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck and administrative officials must be current members in good standing with USA Swimming and their local LSC. Officials can sign up to work this meet by contacting the Meet Referee (tschultz@gvtc.com). The uniform will be white polo shirts over khaki pants/shorts/skirts for Prelims and navy polo shirts over khaki pants/skirts for Finals. Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.



FRIDAY JUNE 6th EVENTS

PRELIMS		
Girls	Event	Boys
1	400 IM	2
3	11-12 50 Back	4
5	100 Fly	6
7	100 Breast	8
9	200 Free	10
BREAK		
11	1500 Free	*

10 & UNDER		
Girls	Event	Boys
13	200 IM	14
15	50 Back	16
17	100 Fly	18
19	100 Breast	20
21	200 Free	22

FINALS		
Girls	Event	Boys
1	400 IM	2
3	11-12 50 Back	4
5	100 Fly	6
7	100 Breast	8
9	200 Free	10

SATURDAY JUNE 7th EVENTS

PRELIMS		
Girls	Event	Boys
23	400 Free	24
25	11-12 50 Fly	26
27	100 Back	28
29	200 Breast	30
31	50 Free	32
BREAK		
*	1500 Free	12

10 & UNDER		
Girls	Event	Boys
33	100 Back	34
35	200 Breast	36
37	50 Free	38
39	200 Fly	40

FINALS		
Girls	Event	Boys
23	400 Free	24
25	11-12 50 Fly	26
27	100 Back	28
29	200 Breast	30
31	50 Free	32

SUNDAY JUNE 8th EVENTS

PRELIMS		
Girls	Event	Boys
41	200 IM	42
43	200 Back	44
45	11-12 50 Breast	46
47	200 Fly	48
49	100 Free	50
BREAK		
	100 Free	

10 & UNDER		
Girls	Event	Boys
51	200 IM	52
53	50 Fly	54
55	200 Back	56
57	100 Free	58
59	50 Breast	60

FINALS		
Girls	Event	Boys
41	200 IM	42
43	11-12 50 Breast	44
45	200 Back	46
47	100 Free	48
49	11-12 50 Breast	50
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SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES I.

Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach. II.

Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10)	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES



- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warmup time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 10/27/22

